

### WIL STEPFIENS POOL SWIM HESSONS SCHIEDUNE SUMMIER 2013

# **City of Charleston Learn-To-Swim Lessons** DATES:

Session	Registration	Class
I	May 18	June 10-21
	Starts @ 9am	
II	May 18	June 24-July 5
	Starts @ 9am	
III	June 22	July 15-25
	Starts @ 9am	
IV	June 22	July 29-
	Starts @ 9am	Aug 8



All Learn-To-Swim classes are held Monday thru Thursday with Fridays and Saturday mornings reserved for make up lessons due to inclement weather or afternoon swim meets.

#### CLASS TIMES:

CLASS THVIES.				
Class	Start Times	Max		
		#		
Water Babies	9:05am &	6		
	6:00pm			
Aqua tots	9:05am &	6		
	6pm	A		
Fun Strokes I	8:35am &	6		
	6:35pm			
Fun Strokes	8:35am &	6		
II	6:35pm			
Stroke	8am & 7:05pm	6 Yo		
Masters		A		
Adult	8am & 7:05pm	6		

PARENTS: Please sit on the bleachers while waiting for your child. Thank You!

#### Recreational and Lap Swimming

Daily Rates

Youth: \$1.50 non-city \$3 Adult: \$2.00 non-city \$4

Seasonal Passes (May1-Aug.31)

Youth/ Sr: \$25 non-city \$50 Adult: \$40 non-city \$75 Family: \$62.50 non-city \$87.50

Water Fitness/Aerobics

### (843)769-8261

PRICES:

Water Babies: \$15 \$25 non-city Youth: \$20 \$30 non-city Adult: \$25 \$35 non-city

<u>Water Babies</u>: Ages 6 months-3 yrs. Parent participation in the water is mandatory. Use of swim diaper is required for all water babies.

<u>Aqua Tots:</u> Ages 4-5 yrs. Focus on water exploration and primary skill development.

<u>Fun Strokes I:</u> Ages 6 yrs. and up. Learn elementary skills and beginner strokes.

<u>Fun Strokes II:</u> (Based on Ability). Swim combined strokes and move into deep water.

<u>Stroke Masters</u>: (Based on Ability). Designed for advanced swimmers.

Water is an ideal medium in which participants can perform exercises because it promotes buoyancy and provides resistance with minimum impact on the legs and joints.

Non swimmers are welcome as the class can be done in waist to chest deep water!

Adult: \$3 non-city \$4

Sr. /Pass

Holder: \$2 non-city \$3



## W.L. Stephens Pool



~~~Aquatics Division ~~~

Summer 2013

#### DAILY POOL SCHEDULE

| 6am-1pm                | 1, 7:30-9pm<br>5-7pm | LAP<br>Lap    | M-TH<br>Fri |  |
|------------------------|----------------------|---------------|-------------|--|
| 8-9:35am               | -                    | LESSONS       | М-ТН        |  |
| 9:40-11:3              | 35am SPE             | CIAL GROU     | PS M-TH     |  |
| 8-9, 9-10<br>6:30-7:30 | am Water ) pm        | Fitness       | M-F<br>M-TH |  |
| 10:30-11               | :30am A              | rthritis      | M/W/F       |  |
| 1-4pm                  | CHILDRE              | N REC. SWIN   | M M-F       |  |
| 4 - 5pm                | Intramural S         | Swim Practice | e M/W/F     |  |
| 5-6:30pm               | n SM                 | MRT .         | M/T/TH      |  |
| 6-8:05pm               | n SWI                | M LESSONS     | M-TH        |  |
| 9-4pm                  | LAP                  | SWIM          | SAT         |  |
| 9-10                   | Water l              | Fitness       | SAT         |  |
| 1-4pm                  | OPEN RE              | C. SWIM       | SAT         |  |
| POOL CLOSED ON SUNDAYS |                      |               |             |  |

## W.L. Stephens Pool

# W.L. Stephens

Intramural Swim Team

Summer 2013



#### Benefits...

- Improve your swim skills
- > Learn new swim strokes
- Participate in organized practices
- Compete in non-competitive intramural swim meets
- Develop skills to reach your life goals

Our focus is - fun, fitness, & skill development

**Cost:** \$40 city resident; \$55 non-city  $2^{nd}$  child in family only \$30

Ages: 5-17 (scholarships available)

ightharpoonup Practice: M/W/F 4 – 5 pm

(Must be able to swim 25 yards non-stop)

Schedule and programs are subject to changes please see <a href="www.charleston-sc.gov">www.charleston-sc.gov</a>/recreation for updates.